



FOR IMMEDIATE RELEASE

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Make a Resolution to Stay Healthy with Consult-A-Nurse®

So many of us get caught up in our daily routines of work, caring for our kids and running errands that we often miss the signs of illness as they're beginning to rear their ugly head. It's important to give your own health and well being the same attention and priority as all of your other obligations, because after all, how helpful can we be to our loved ones if we're out of commission ourselves?

One service the hospitals of Sunrise Health – Sunrise Hospital, MountainView Hospital, Southern Hills Hospital and Sunrise Children's Hospital-- offer for free to the community is the **Consult-A-Nurse®** service which allows you easy access to answers to your healthcare questions, information about upcoming classes or events being held in your area and physician referrals.

Managed by both nurses and referral specialists, Consult-A-Nurse® helps patients locate doctors more easily by providing them all of the background information and contact details to set an appointment, including office hours and location, medical specialty and experience and whether or not the physician is accepting new patients.

Registered nurses who assist with the service also provide free consultation and answer health-related questions. Though they are unable to diagnose conditions by phone, they can share valuable information about such medical subjects as children's health, cardiac services, neurology/stroke, women's health and diabetes, among others.

Please note that Consult-A-Nurse® is not a replacement for an appointment with a physician, but a great source of critical health information, provider contact details and fast answers to common healthcare questions by a licensed Registered Nurse. You should always consult with your physician for further information.

You can contact nurses 24 hours a day, 7 days a week, by phone at 702-233-5300. Bi-lingual assistance is available.

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About Sunrise Health:

Sunrise Health is the most technologically advanced hospital network in the central Southwest. Committed to providing the finest healthcare, Sunrise Health includes Sunrise Hospital & Medical Center, MountainView Hospital, Southern Hills Hospital & Medical Center and Sunrise Children’s Hospital, as well as outpatient diagnostic, imaging and surgical centers. Specialty services include a suite of the latest diagnostic and surgical technologies, The Nevada Neurosciences Institute, a designated comprehensive cancer center, The Breast Center at Sunrise, the state’s only children’s hospital and the region’s only certified stroke center.

For more information about Sunrise Health visit www.SunriseHealthInfo.com.

Need a Physician or health information? Call Consult-A-Nurse at 702-233-5300.

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