



FOR IMMEDIATE RELEASE

January 21, 2009

February is National Heart Month
The Hospitals of Sunrise Health Offer
Life-Saving Information and Screenings

Las Vegas, NV – In February each year there is a lot of attention focused on the heart, mostly having to do with Valentines Day. But February is also National Heart Month for other reasons. Heart disease is the leading cause of death for men and women in the United States. During National Heart Month, the hospitals of Sunrise Health – Sunrise Hospital & Medical Center, MountainView Hospital and Southern Hills Hospital & Medical Center -- are hosting heart healthy education lectures open to the public. From prevention to the latest treatments, the heart healthy lectures are designed to provide information on how to take charge of your heart health. The following is a list of heart healthy lectures:

“Know the Signs of a Heart Attack”

Wednesday, February 11

1:30 – 3:00 p.m.

MountainView Hospital

3100 N. Tenaya Way, Las Vegas, NV 89128

Mark Howard Educational Classroom

Shannon Burkett, Clinical Educator, will present information on the signs of a heart attack and what to do if you or a loved one is having a heart attack.

RSVP at 702-255-5404

“Heart Healthy Meals on a Budget”

Thursday, February 12

11:30 a.m. – 1:30 p.m.

h2u at Sunrise Hospital & Medical Center

3101 S. Maryland Pkwy, Las Vegas, NV 89109

Join Morgan Benedict, Clinical Liaison at Horizon Specialty Hospital, as she demonstrates how to prepare healthy meals while being sensitive to your budget.

Free lunch provided

RSVP at 702-735-5510

“Heart Health and YOU”

Tuesday, February 24

11:30 a.m. – 1:00 p.m.

h2u at MountainView Office

8524 Del Webb Blvd, Las Vegas, NV 89134

Dr. Sean Ameli of Nevada Cardiology Associates offers tips on living a more heart-healthy lifestyle.

Free lunch provided

RSVP at 702-255-5404

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“Chest Pain: Don’t Ignore the Signs!”

Wednesday, February 25

11:30 a.m. – 1:00 p.m.

Southern Hills Hospital

9300 W. Sunset Road, Las Vegas, NV 89148

Education Room

Presented by Southern Hills emergency room physician, Dr. Eric Anderson.

Free blood pressure checks and ambulance tours.

Free lunch provided

RSVP at 702-233-5300

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About Sunrise Hospital:

Now celebrating its 50th anniversary, Sunrise Hospital & Medical Center provides the most sophisticated, quality healthcare in Southern Nevada. A Consumer Choice award-winning hospital for 13 consecutive years, the 701-bed acute care facility includes comprehensive inpatient and outpatient services such as The Nevada Neurosciences Institute– the region’s first Joint Commission Certified Primary Stroke Center– an American College of Surgeons-recognized Comprehensive Cancer Center, an innovative, full-service Breast Center and specialty services in cardiac, women’s health, pulmonology, critical care, complex surgery, and rehabilitation, as well as Level-II trauma and emergency care. The hospital offers innovative technologies such as the da Vinci Robotic surgery system, Intraoperative MRI machines, Gamma Knife incision-less brain surgery, and an exclusive Picture Archiving and Communication System designed to assist physicians in retrieving important patient data.

Sunrise Hospital and Medical Center

3186 South Maryland Parkway

Las Vegas, NV 89109

www.SunriseHospital.com

Need a physician? Call 702-233-5300

About MountainView Hospital:

MountainView Hospital is a state-of-the-art, full-service medical facility located in the heart of Northwest Las Vegas, one of the fastest growing areas in the Valley. With a dedicated and talented staff of employees and outstanding physicians representing 36 medical specialties, MountainView Hospital (MVH) is often recognized for high patient satisfaction and for providing quality and compassionate care to our community for the past 12 years. MVH received a 5-star rating for maternity care for the past five years by HealthGrades. The hospital is also a member of the respected Sunrise Health System consisting of Sunrise Hospital, Sunrise Children’s Hospital, Southern Hills Hospital, and several surgery and diagnostic imaging centers offering a complete range of specialized and technologically advanced services.

MountainView Hospital

3100 N. Tenaya Way

Las Vegas, NV 89128

www.mountainview-hospital.com

Need a physician? Call 702-233-5300

About Southern Hills Hospital:

Utilizing advanced digital technology and a top-notch medical staff, Southern Hills Hospital provides the communities of southwest Las Vegas with services for emergencies, OB-GYN, diagnostic imaging, and surgery. Southern Hills Hospital’s intricate network of digitally advanced systems makes for shorter hospital stays and improved patient safety benefits. Southern Hills Hospital is the first institution in the state of Nevada to be recognized by the American Heart Association as a leading hospital in cardiology through their compliance with the "Get with the Guidelines - Heart Failure" program. In addition, Southern Hills Hospital is a home to award-winning spine physicians from the Nevada Neurosciences Institute. The hospital is also a member of the respected Sunrise Health System consisting of Sunrise Hospital, Sunrise Children’s Hospital, MountainView Hospital, and several surgery and diagnostic imaging centers offering a complete range of specialized and technologically advanced services.

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Southern Hills Hospital
9300 W. Sunset Rd.
Las Vegas, NV 89148

www.southernhillshospital.com

Need a physician? Call our Physician Referral Line at 702-233-5300.

Contact:

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