



SUNRISE | MOUNTAINVIEW | SOUTHERN HILLS | SUNRISE CHILDREN'S

FOR IMMEDIATE RELEASE

April 27, 2009

May is National Stroke Awareness Month

*The Nevada Neurosciences Institute at Sunrise Health Offers
Life-Saving Information and Screenings*

LAS VEGAS— The Nevada Neurosciences Institute (NNI) at Sunrise Health celebrates National Stroke Awareness Month by providing important information and free screenings to the public.

“We are passionate about providing top-notch stroke care and public awareness every single day, but this month affords us a unique opportunity to relay our message on a broader scale,” said Scott Selco, M.D., Ph.D., Director of Inpatient Stroke Services at Sunrise. “Although strokes are one of the most preventable medical conditions, misconceptions stop people from receiving timely and proper care, and we are determined to educate and protect our community.”

Stroke Screenings:

Knowing if you are at risk for stroke is the first line of defense. In celebration of National Stroke Awareness Month, The NNI at Sunrise Health is hosting **free stroke screenings**, during which nurses will help identify stroke risk factors, provide counseling on healthy lifestyle modifications and distribute free stroke information. Screenings will take place at the following locations:

- ✓ **Sunrise Hospital & Medical Center:** Tuesday, May 12 and Friday, May 22 from 11:00 a.m. to 1:00 p.m. in the Sunrise Cafeteria.
- ✓ **MountainView Hospital:** Monday, May 18 from 11:30 a.m. to 1:00 p.m. in the MountainView Cafeteria.
- ✓ **Southern Hills Hospital & Medical Center:** Wednesday, May 13 from 1:00 p.m. to 3:00 p.m. in the Southern Hills Cafeteria.

Appointments are first come, first serve and take approximately five minutes. For more information on stroke or NNI, visit sunrisehealthinfo.com or call (702) 233-5300.

How to spot a stroke:

Each year, more than 750,000 people suffer a stroke, making it the third leading cause of death in the U.S. The highly trained physicians and staff with the NNI at Sunrise Health want everyone to know how to spot a stroke, by asking these 3 simple questions:

- ✓ Can you smile?
- ✓ Can you raise both arms?
- ✓ Can you speak a simple sentence?

If any of these functions cannot be performed easily, call 9-1-1 immediately. You could save a life.

About The Nevada Neurosciences Institute (NNI):

The Joint Commission certified Nevada Neurosciences Institute at Sunrise is the desert Southwest's only comprehensive neurosciences center, providing access to world-class patient care and pioneering medical treatment for brain and spine diseases, disorders and injuries. In addition to a pedigreed team of expert neurosurgeons and neurologists, the Institute boasts access to impressive medical equipment such as Intra-operative MRI scans and the state's only Gamma Knife radiation surgery. Achievement of the American Stroke Association's *Get with the Guidelines* Gold Performance Achievement Award places the stroke program among the best in the nation, and qualification by Commission on Accreditation of Rehabilitation Facilities as the state's first certified stroke specialty rehabilitation unit further illustrates the superior outcomes patients achieve when treated by the skilled physicians and staff of the NNI. Additionally, the NNI Spine Program has recently expanded to MountainView and Southern Hills Hospitals offering superior spine treatment through award-winning NNI neurosurgeons throughout the Sunrise Health system of hospitals.

About Sunrise Health:

Sunrise Health is the most technologically advanced hospital network in the central Southwest. Committed to providing the finest healthcare, Sunrise Health includes Sunrise Hospital, MountainView Hospital, Southern Hills Hospital and Sunrise Children's Hospital, as well as outpatient diagnostic, imaging and surgical centers. Specialty services include a suite of the latest diagnostic and surgical technologies, The Nevada Neurosciences Institute, a designated Comprehensive Cancer Center, The Breast Center at Sunrise, the state's only Children's Hospital and the region's first certified Stroke Center.

For more information, visit www.SunriseHealthInfo.com
Need a physician? Call 702-233-5300

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FOR MORE INFORMATION:

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